

# Supporting Your Child At School: 10 Tips For Parents

1. Read to or with your child on a regular basis (every day, if possible). Encourage your child to read for fun, too, and take time to talk about what he/she is reading.
2. Communicate the importance of education. Encourage your child to always do his/her best.
3. Monitor television viewing. The average child spends nearly 5 1/2 hours a day in front of a television set. Encourage your child to spend some of that time reading instead.
4. Provide help, as needed, with homework assignments. Make sure your child has a place to work and study. Talk with your child's teacher about homework expectations.
5. Use your public library frequently. Make sure every member of the family has a library card and uses it on a regular basis.
6. Offer your child educational experiences outside the home. Visiting museums, zoos, parks, and historical sites can provide valuable learning opportunities for every child.
7. Listen to your child each day. Encourage your child to ask about what's going on in school or outside the home to show that you are an attentive listener.
8. Encourage your child to write every day. Diaries, shopping lists, notes, and letters all provide opportunities for practicing important language skills.
9. Support your child's emotional and physical growth. Give lots of daily hugs and positive encouragement. Make sure your child gets enough sleep, provide him/her with nutritious meals, and encourage exercise.
10. Work with your child's teacher. Teamwork between home and school plays a major part in the academic success of any child. Parents can take an active role in helping their children succeed in school. Your support and encouragement are vital ingredients in your child's success this year and every school year.